



**THE WAY**  
CHRISTIAN MEN'S GROUP

# **THE FINISHER**

## **12 WEEK SYSTEM**

A Structured Christian Discipleship System For Men

“Let us run with endurance the race that is set before us.” — Hebrews 12:1

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# **WEEK 1**

# **DISCIPLINE BEGINS**

Discipline Starts Before Motivation

## WEEK THEME

---

This week focuses on discipline, intentionality, leadership, and spiritual consistency.

## SCRIPTURE FOCUS

---

Read, reflect, and meditate on the assigned Scripture throughout the week.

## REFLECTION QUESTIONS

---

What needs growth in my life?  
Where am I drifting?  
What must improve immediately?

## HARD QUESTIONS

---

Where am I making excuses?  
What responsibility am I avoiding?

## ACTION CHALLENGE

---

Choose one practical discipline to strengthen this week.

## MIDWEEK RESET

---

Pause honestly and evaluate your consistency.

## WEEKLY MISSION

---

Take one intentional action that strengthens leadership and discipline.

## PRAYER

---

Father, strengthen me to live intentionally, faithfully, and consistently.

## END-OF-WEEK REVIEW

---

What strengthened me this week?  
What still needs growth?

## COMMITMENT

This week I commit to:

---

# **WEEK 2**

# **CREATE CLARITY**

Drifting Men Live Reactively

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# **WEEK 3**

# **STAY STEADY**

Strong Men Respond Wisely

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# **WEEK 4**

# **TAKE OWNERSHIP**

Excuses Keep Men Weak

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# **WEEK 5**

# **SHAPE YOUR ENVIRONMENT**

Your Environment Shapes Your Discipline

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# **WEEK 6**

# **STRENGTHEN IDENTITY**

Identity Shapes Behavior

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# **WEEK 7**

# **BROTHERHOOD & BOUNDARIES**

Isolation Weakens Men

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# **WEEK 8**

# **STEWARD YOUR TIME**

Wasted Time Creates a Wasted Life

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# **WEEK 9**

# **DEEPEN YOUR WALK**

Spiritual Depth Matters

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**WEEK 10**

**LIVE WITH CONVICTION**

Conviction Creates Stability

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**WEEK 11**

**STRENGTHEN OTHER MEN**

Strong Men Build Others

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**WEEK 12**

**CONTINUE FORWARD**

Faithful Men Endure

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